



BASEBALL WA PRESENTS:





2022





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Welcome

Following the Baseball Australia announcement on the 22nd September 2021 advising the cancellation of the 2022 Australian Youth Championship for the second consecutive year, Baseball WA is pleased to announce the WA Showcase will be held from the 4th to 14th January 2022 at Baseball Park. The showcase is in line with Baseball Australia's commitment to ensure that opportunities exist for athletes to continue their development.

So, congratulations and welcome to the "2022 Rays Showcase".

This document provides you with an insight into the showcase and how we will ensure development and opportunities are provided in the absence of the traditional Australian Youth Championships.

Baseball WA and Baseball Australia have committed, subject to Government restrictions, to the National Squad Camps, U16 NYC and WBSC U18 World Cup as outlined below.







Contacts / Administration

Baseball WA

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SHOWCASE PARTNERS























Baseball Staff

On field coordinator
Hitting coordinator
Outfield coordinator
Catching coordinator
Infield coordinator

Pitching coordinator Week 1 Pitching coordinator Week 2

Pitching Coaches

Strength and Conditioning

Peter Torpy
Alex Hall
Jess Williams
Arnie Noel
Mark Pettitt

Andrew Kyle Andrew Kyle

Warwick Saupold | Will Sherriff

Diamond Fitness

Off Field Support

Executive Officer Andrew Murray Physio Jason Ryan

Bulls Staff

- Head Coach Leigh Moyle - Assistant Coach Rod Drew

Biscuits Staff

- Head Coach- Assistant CoachKent FitzgibbonsKurt Russell

Hot Rods Staff

Head CoachAssistant CoachPeter TorpyAaron Ottaway

RiverDogs Staff

Head Coach Brandon MigroAssistant Coach Dan Calverley

Guest Coaches

- Bob Ossey
- Kevin Hooker
- Jason Hewitt
- Conor Lourey
- Leigh Godfrey
- and many more

Guest speakers and events

- College, Professional and Olympics Pathway
- Public speaking
- Spanish lessons
- Mental resilience ? Mental health resilience
- Mental Awareness ? Mental health awareness + S&C Diamond





Showcase Cost

The cost for participation is \$1,250.00 per player.

Invoices will be issued the week starting 13th December Payment of \$500.00 is due upon acceptance.

Payment in full is required by 31st December 2021.

Bank Details:

Bendigo Bank

Reference: SCase Last Name

BSB: 633-000 Acct No: 136354305

If you wish to pay via credit card please request via admin@baseballwa.asn.au.

Financial hardship requests for assistance should be directed to ceo@baseballwa.asn.au.

The costing behind the showcase is subsidized by BWA and its partners:

What's included:

- 1 day of Combine testing (for scouts and national team selectors)
- 10 days of spring training
- 3 days of professionally live streamed games (including night games)
 - Watched by
 - National team selectors
 - Tampa Bay Rays Head of International Scouting
 - Other pro and college scouts
- Diamond Strength and Conditioning
- Uniform (1 x cap, 4 x shirts and 1 x shorts)
- Meals (breakfast and lunch or lunch and pre game meal)
- Daily uniform laundry (Playing shirts and shorts)
- Over 15 + elite coaches
- Guest speakers
- Off field athlete development programs





The Showcase

The Experience

This Showcase is not just another baseball training camp nor is it a normal National Youth Championship program. The "Rays Showcase" allows us a truly unique opportunity to design a program to immerse you in all facets of baseball life.

You will get to experience day to day life in an elite program that is supported and endorsed by the Tampa Bay Rays. The schedule mimics their Spring Training and the start of a minor league season - with a focus on athlete development both on and off the field.

You will be immersed in a range of "opportunities" to enhance your knowledge and abilities in key areas for success, both locally and internationally.

Expect to have lots of fun, and be ready to be challenged. Some things will be new and uncomfortable, those athletes that learn and adapt will ultimately perform at a higher level.

The focus of this program is NOT for you sign a professional contract or go to a US college, these are just opportunities that will come your way once you learn to:

- compete fearlessly (even when you are terrified)
- be disciplined
- be organised
- be a great teammate, and an even better person.

It will be your job as the player:

- To push yourself, and hold yourself accountable when you could easily bluff your coach or yourself.
- To focus on what you can control, and execute no matter how tough the situation.
- Use all the amazing resources around you to improve your approach each and every day.

Goals and objectives:

- Learn to thrive in a daily training environment
- Create impeccable habits
- Learn the discipline required of an elite athlete
- Provide support and opportunities to learn
- Have lots of fun





Expectations

- **Commitment** Doing the small things each and every day will yield far greater results, than doing the big things infrequently.
- Effort Try as hard as you can even when you think you might fail
- **Measure only what you can control** If you can't control it, don't worry about it. Focus on the process, not the result.
- NO EXCUSES Plain and simple: don't make them
- **Balance** Creating balance in your life is important, so make time for your family and friends, do your homework and make time for the things you love to do.

Showcase etiquette

The "Rays Showcase" will create an environment of excellence. Use your teammate's success to motivate you to improve, work together to push and excel. Negativity towards teammates will not be tolerated.

Remember that your coaches are always watching: the National Team selectors, The Tampa Bay Rays Head of International Scouting and the various pro and college scouts are seeking feedback on all players. They notice everything, not just the stats but XXXX

Showcase Philosophies

"How you do anything, is how you do everything"

Do the things you hate with the same effort you give the things you love.

COMPETE, COMPETE, COMPETE

Just because you think you can't doesn't make it true, complete fearlessly no matter what.

Always have a plan

Approach and strategy win over technique everytime - create a great plan and work on executing it.

It's still a game - have fun and never give up

Never let the game become a job, it should be fun, it's why we play Never forget that!





Schedule

Location - Baseball Park, Wilfred Rd & Nicholson Road, Thornlie WA 6108

SCHEDULE	Teams	Time	
Mon 3rd	Bulls - Biscuits	7:30 - 12:00	Testing
Mon 3rd	Hot Rods - RiverDogs	12:00 - 16:30	Testing
Tues 4th	Bulls - Biscuits - Hot Rods - RiverDogs	7:30 - 16:30	Team - Splits and workouts
Wed 5th	Bulls - Biscuits - Hot Rods - RiverDogs	7:30 - 16:30	2 x games on 2 fields 1:00pm
Thurs 6th	Bulls - Biscuits - Hot Rods - RiverDogs	12:00 - 21:45	4pm / 7pm
Fri 7th	Bulls - Biscuits - Hot Rods - RiverDogs	12:00 - 21:45	4pm / 7pm
Sat 8th	Bulls - Biscuits	9:00 - 12:00	BP/machine game only
Sat 8th	Hot Rods - RiverDogs	12:00 - 19:30	On field BP & 4pm game
Sun 9th	OFF Day or Club Baseball		
Mon 10th	Bulls - Biscuits - Hot Rods - RiverDogs	7:30 - 16:30	1 x Game Intersquad + indiviaul work
Tues 11th	Bulls - Biscuits - Hot Rods - RiverDogs	7:30 - 16:31	1 x Game Intersquad + indiviaul work
Wed 12th	Hot Rods - RiverDogs	12:00 - 19:00	4pm game
Wed 12th	Bulls - Biscuits	15:00 - 21:45	7pm game
Thurs 13th	Bulls - Biscuits	12:00 - 19:00	4pm game
Thurs 13th	Hot Rods - RiverDogs	15:00 - 21:45	7pm game
Fri 14th	Hot Rods - RiverDogs	12:00 - 19:30	4pm game + awards
Fri 14th	Bulls - Biscuits	13:00 - 21:45	7:30 pm game + awards

Logistics

We understand that many families will have busy schedules and some will be required to travel large distances at challenging times. We have attempted to create a schedule and provide meals to assist.

DATE	TIME	TEAM	MEALS
Tues 4th	7:30 - 16:30	Bulls - Biscuits - Hot Rods - RiverDogs	Breakfast and Lunch
Wed 5th	7:30 - 16:30	Bulls - Biscuits - Hot Rods - RiverDogs	Breakfast and Lunch
Thurs 6th	12:00 - 21:45	Bulls - Biscuits - Hot Rods - RiverDogs	Lunch and pre game meal
Fri 7th	12:00 - 21:45	Bulls - Biscuits - Hot Rods - RiverDogs	Lunch and pre game meal
Sat 8th	9:00 - 12:00	Bulls - Biscuits	Breakfast and Lunch
Sat 8th	12:00 - 19:30	Hot Rods - RiverDogs	Lunch and pre game meal
Mon 10th	7:30 - 16:30	Bulls - Biscuits - Hot Rods - RiverDogs	Breakfast and Lunch
Tues 11th	7:30 - 16:31	Bulls - Biscuits - Hot Rods - RiverDogs	Breakfast and Lunch
Wed 12th	12:00 - 19:00	Hot Rods - RiverDogs	Lunch and pre game meal
Wed 12th	15:00 - 21:45	Bulls - Biscuits	Lunch and pre game meal
Thurs 13th	12:00 - 19:00	Bulls - Biscuits	Lunch and pre game meal
Thurs 13th	15:00 - 21:45	Hot Rods - RiverDogs	Pre game meal
Fri 14th	12:00 - 19:30	Hot Rods - RiverDogs	Lunch and pre game meal
Fri 14th	15:00 - 21:45	Bulls - Biscuits	Pre game meal





Daily Schedule

The daily schedule will be placed on the notice board at Baseball Park each morning, prior to the athletes arrival.

This schedule will detail the activities for each day, and include the players assigned to each activity.

Athletes must attend in "appropriate" casual dress, have breakfast, socialise and familiarise themselves with the schedule. They will then be provided with sufficient time to get changed prepare for the day ahead.

At the end of day, players will have the opportunity to shower, freshen up and depart at the scheduled time.

Players will place their training shirts and shorts for that day in the laundry bags provided. These will be laundered and made available the next day, in their assigned change rooms.

Players are responsible for their own baseball pants and other garments.

<u>Please email Andrew Murray via rayscombine@diamondfitness.com.au with any dietary requirements.</u>

Training - On field

The training groups and activities will be placed upon the notice board daily.

CORE CONCEPTS Approach

- General game approach
- Hitting approach and game plan
- Defence strategy and placement
- Pitching approach: How do I get people out?

Build tools

- Arm speed and accuracy
- Bat speed and barrel accuracy
- Speed and movement efficiency
- Power





Build Baseball Actions

- Be the best in the country at playing catch
- Breaking down fundamental pillars
- Structured practice with varying constraints and loads

Build Game Awareness

- Team Offence and Defence
- Prevent & Gain 90ft
- Base running details and awareness
- Vary the practice environment- make it harder, competitive, walk throughs

Integrate mental skills

- Using breathing
- Understanding routines
- Controllables

Training - Off field

Strength and Conditioning

Strength and Conditioning: Program Overview

Strength and Conditioning (S&C) is the cornerstone of any great athlete. It allows you to push yourself both physically and mentally, in order to find out what you're made of. In the showcase we will provide you with an introduction of how to manage your S&C with a daily training load.

Diamond Fitness S&C Coach

Off field program includes:

- Warm up, cool down and rehab protocols
- Arm care
- Speed and agility development
- Introduction/continuation of strength training
- Conditioning
- Speed, strength & power testing
- Anthropometric testing (height, weight)





Games

We are always trying to improve the Showcase and after review and feedback players have been named in teams for 2022. These teams are expected to stay the same for the entire showcase with the aim to improve the level of play, providing more games and program flexibility.

The games on the final 3 days will be professionally live streamed (including night games). There will be three camera broadcasts as per Perth Heat games.

The national selectors will be using the player reports and these game performances for selection of the National Squads.

International scouts, in addition to pro and collect scouts, will also be invited to review the testing data and game performances.

Final presentation and awards

Following the grand final games, we will wrap up the showcase and present awards, in both age groups, for:

- Batting Award
- Golden Arm
- Golden Glove
- MVP

Communication

You as the athlete will be responsible for your actions, punctuality, and communicating with the training staff. You are personally responsible for reading the schedule, your attire and notifying trainers and coaches of availability, injury and sickness.

Parents - we send out an email requesting emergency contact details and parent phone numbers. We will then invite all parents to Showcase "WHATSApp" group for daily communication.

Social Media and Photography

Do not place anything on Social Media that will negatively impact yourself or Baseball WA.





Player Code of Conduct

The showcase is subject to the Baseball WA Code of Conduct. Should any player be found in breach of the Code, the organisers reserve the right to remove the player from further consideration and participation, with no refunds being considered.

Tobacco, Alcohol and Banned substances

Baseball Park is tobacco free.

Baseball WA requires you to respect, meaning regardless of legal age, alcohol & gambling will not be permitted at any time.

There is a zero tolerance policy with regards to drug use and/or affiliation. This includes recreational and performance enhancing drugs.

All athletes must strictly adhere to the ASADA testing protocols and will be subject to both random and targeted testing.

You are required to complete the ASADA level 1 and 2 eLearning certificate. This will be covered as part of a workshop.

BOB OSSEY - 10 RULES FOR LIFE

- 1. It's more important to be a good person than a good player
- 2. If you sleep with dogs your going to get fleas
- 3. Don't be a afraid to be a minority of one
- 4. A dream is nothing but a wish until you write it down. Only then does it become a goal
- 5. Always remember, baseball is something you do, not who you are!
- 6. Don't compare yourself to others.
- 7. Learn how to deal with failure and adversity.
- 8. Supporting someone when they are down is more important than congratulating someone when they are successful
- 9. You must:
 - 1) Be a good sport. 2) Learn the fundamentals and strategies of the game. 3) Have Fun
- 10. Consider a mentor

TEAM ROSTERS

BULLS			BISCUITS		
Cameron Landy	INF		BJ Cooke	INF	
Cooper McDonnell	INF/P		Sam Shepherd	INF/P	
Brayden Moyle	INF		Dawson George	INF/C	
Owen Pilcher	OF		Jackson Limpus	OF/P	
Braydin Horsley	OF		Finlay Duncan	OF	
Michael De Gasperis	OF		Lewdon Te Mara	OF/1B	
Sam Gooch	OF		Cody Van Der Graaf	OF	
Jacob Santich	C/INF		Josh Davies	C/UTIL	
Jayden Lee	С		Geoff Kerr	C/INF	
Carlos Salas	C/P		Tyson Noel	P/OF	
Flyn McGahan	Р		Caleb Goodwin	P/INF	
Riley Marsh	Р		Aiden Branch	Р	
Kaine Newham	P/INF		Ben Bird	P/ OF	
Jordan Brokas	P/ 1B		Jackson Stivey	Р	
Cruze Brendan	Р		Mathew Stanton	Р	
Jarod Crick	Р		Nick Davis	Р	
Brayden Connor	Р				
HOT RODS			RIVERDOGS		
Boston Foot	С		Taj Egan	С	
Kylan Granland	С		Jesse Neratlis	C/INF	
Ben Crook	INF/C		George Calverly	C/Cnr INF	
Riley Hall	P/OF		Maclin Berry	OF/P	
Kyan Bertolini	OF		Noah Stokic	OF	
Riley Oliphant	OF/ P		Jacob Davila	OF	
Sam Forrest	LHP/OF		Rowan Edmunds	OF/P	
Ryan Warner	1B/OF		Bill Eastman	OF/P	
Campbell Fraude	P/ INF/OF		Brady Manning	P/3B/OF	
Oki Takishima	INF/P		Ben Nesbit	INF/ P	
Xavier Fatai	P/Cnr INF/C		Cam Bahr	INF/C/P	
Jack Angeloff	INF		Jai Hewitt	Cnr INF/P	
Eita Samukara	INF		Austin Moyle	INF	
Toby Franklin	P/ Cnr INF		Riley Ozanne	P/INF	
Jax Williams	Р		Kristian Haeusler	P/ OF/INF	
Callum Tomkinson	P/OF		Korbyn Wilson	Р	

